

30-DAY PROGRAMME · ONLINE OR IN PERSON

Voice Analysis & Vibrational Retuning

Reset your physical, emotional & mental health.

- Personalised frequency programme built from your voice
- Daily personalised audio frequencies delivered for 30 days
- Weekly check-ins with Rob throughout the programme
- Available fully online or in person in Crete & London

INVESTMENT

€350 / £300

ABOUT THIS PROGRAMME

Your voice holds the map back to balance.

30-day programme · online or in person

Your voice carries a detailed imprint of your physical health, emotional state, and nervous system. By analysing the subtle frequency patterns within your voice, Rob can identify areas where your system is under strain and design a precise set of balancing frequencies — unique to you — to support your body and mind back toward coherence, resilience, and ease.

These personalised frequencies are delivered daily over 30 days, giving the brain and body time to integrate the sounds and begin producing them more naturally. **This is Rob's most advanced and in-depth offering** — designed for those who feel something is fundamentally out of alignment and are ready to work at a deeper level.

THIS PROGRAMME IS RIGHT FOR YOU IF

- You feel something is fundamentally out of alignment
- You're experiencing long-standing stress or fatigue
- Other approaches have brought limited change
- You're ready to work at a root-cause level
- You want a deeply personalised approach

"After starting my Vibrational Retuning in September 2024, the medical condition I'd lived with since 1996 was gone by January. I'm eternally grateful to Rob."

FIONA C · LONDON

"Since starting Rob's sound therapy, our daughter sleeps better and is noticeably calmer. This work has truly brought peace and balance to her life — and ours."

CHRIS P · LONDON

HOW THE PROGRAMME WORKS

1

ANALYSIS & FREQUENCY MAPPING

You complete a detailed health questionnaire and voice recording. Rob analyses your vocal patterns to design a precise set of balancing frequencies tailored specifically to your needs.

2

PERSONALISED SOUND SESSION

You receive your frequencies through a dedicated 1-hour sound session — in person or online. People often report deep relaxation, emotional release, or a sense of clarity and alignment.

3

30 DAYS OF DAILY RETUNING

Your personalised frequencies are delivered daily for four weeks via audio files with weekly check-ins from Rob. This is where longer-term shifts begin to stabilise.

4

REVIEW & NEXT STEPS

At the end of 30 days your voice is recorded and analysed again. Rob reviews what has changed and discusses whether further retuning would be supportive.

WHAT'S INCLUDED

- Comprehensive health questionnaire and voice recording session
- Voice analysis debrief (30 minutes) with your unique patterns and insights
- Personalised balancing frequencies sound session (1 hour)
- Personalised frequency audio files for daily listening over 30 days
- Weekly check-ins (10 minutes each) throughout the programme
- Final voice recording and review session

INVESTMENT

€350 / £300

Online or in person · Crete & London

DURATION

30 days

+ weekly check-ins

+ final review

"I've seen Voice Analysis & Vibrational Retuning create meaningful shifts in people experiencing long-standing stress patterns and complex health challenges — often where other approaches had brought limited change."

ROB SYKES · SOUND THERAPIST

FAQS

How does voice analysis work?

Your voice is recorded and analysed for tone, emotion, and frequency patterns — translated into musical notes and frequency data — guiding the personalised programme Rob designs specifically for you.

Do I need a specific health issue to benefit?

No. Most people are out of balance in some way. This programme supports anyone seeking greater harmony, clarity, and vitality — not only those with a specific diagnosis.

Is this available online?

Yes — the full programme is available entirely online, as well as in person in Crete or London.

Ready to find out more?

Get in touch and Rob will answer any questions and guide you through the next steps before the programme begins.

BOOK A FREE CALL →

<https://findyourmagic.base44.app/meet/hello/discovery-call>

€350 / £300

Online + IN PERSON